

14th INTERNATIONAL KICKBOXING CUP BOSNIA & HERZEGOVINA OPEN 2013 BIHAC



POINT FIGHTING • LIGHT CONTACT • KICK LIGHT • FULL CONTACT • LOW KICK • MUSICAL FORMS

- POINT FIGHTING •
- LIGHT CONTACT •
- KICK LIGHT •
- FULL CONTACT •
- LOW KICK •
- MUSICAL FORMS •

• younger cadets • older cadets
• juniors • seniors

bh

April 6th
sports hall «Luke»



www.kickboxing.ba/bih-open

14th INTERNATIONAL KICKBOXING CUP BOSNIA & HERZEGOVINA OPEN 2013 BIHAC



POINT FIGHTING • KICK LIGHT • FULL CONTACT • LOW KICK • MUSICAL FORMS

Invitation

Organiser: Kickboxing Federation of Bosnia and Herzegovina

Technical organiser: Kickboxing Center "Bihać"

Place: Bihać (sports hall "Luke")

Date: April 6th 2013. (from 7 o'clock am)

Competitors Proposition: W.A.K.O.-rules

Competition schedule:

• 5th April
Friday

17:00-22:00 - weight in

• 6th April
Saturday

7:00-9:00 o'clock • registration, weight in (sports hall "Luke")

9:00-10:00 • meeting of judges - presentation of rules, the lot

10:00-10:30 • meeting of organizer, judges & choaches

10:30 • opening ceremony, elimination fights, cadets finals too! all disciplines
• **PAUSE** -lunch for all competitors

19:00 • **FINAL FIGHTS (chosen 10 fights)**
(Semi, Light, Full Contact, Low Kick)

Information:

Last day for entry:

Friday, April 5th 2013

All fighters should
Have medical conviction
Manager and organiser don't
accept responsibility and take
no guaranty

Registration:

e-mail: open@kickboxing.ba
zijoh@kickboxing.ba

entry form attached or could be downloaded from:
www.kickboxing.ba/bih-open

Participation:

• clubs, individual
• start: 20 KM (10 €) (per category)
every additional start = +5 €

Categories:

POINT FIGHTING

LIGHT CONTACT

Younger Cadets (10 to 13 years old)		Older Cadets (13 to 15 years old)		Juniors (15 to 17 years old)		Seniors (18 to 23 years old)	
MALE	FEMALE	MALE	FEMALE	MALE	FEMALE	MALE	FEMALE
-22 kg	-22 kg	-42 kg	-42 kg	-57 kg	-50 kg	-57 kg	-50 kg
-25 kg	-25 kg	-47 kg	-46 kg	-63 kg	-55 kg	-63 kg	-55 kg
-28 kg	-28 kg	-52 kg	-50 kg	-69 kg	-60 kg	-69 kg	-60 kg
-32 kg	-32 kg	-57 kg	-55 kg	-74 kg	-65 kg	-74 kg	-65 kg
-37 kg	-37 kg	-63 kg	-60 kg	-79 kg	+65 kg	-79 kg	-70 kg
-42 kg	-42 kg	-69 kg	-65 kg	-84 kg		-84 kg	+70 kg
-47 kg	-47 kg	+69 kg	+65 kg	-89 kg		-89 kg	
+47 kg	+47 kg			+89 kg		+94 kg	

FULL CONTACT

LOW KICK

JUNIORS 15-18 years		SENIORS 18+ years	
MAN	WOMAN	MAN	WOMAN
-51 kg	-48 kg	-51 kg	-48 kg
-54 kg	-50 kg	-54 kg	-50 kg
-57 kg	-52 kg	-57 kg	-52 kg
-60 kg	-56 kg	-60 kg	-56 kg
-63.5kg	-60 kg	-63.5kg	-60 kg
-67 kg	-65 kg	-67 kg	-65 kg
-71 kg	-70 kg	-71 kg	-70 kg
-75 kg	+70 kg	-75 kg	+70 kg
-81 kg		-81 kg	
-86 kg		-86 kg	
-91 kg		-91 kg	
+91 kg		+91 kg	

POINT FIGHTING

MALE FEMALE

YOUNGER CADETS - born after 2000.
(2000, 2001, 2002, 2003, 2004...)

OLDER CADETS - born before 2000.
(2000, 1999, 1998, 1997)

JUNIORS - born before 1997
(1994, 1995, 1996, 1997) from 16 to 18 years old

SENIORS - born from 1993, and older
(born 1993, and older +18 years old)

LIGHT CONTACT

MALE FEMALE

OLDER CADETS - born before 2000.
(2000, 1999, 1998, 1997)

JUNIORS - born before 1997
(1994, 1995, 1996, 1997) from 16 to 18 years old

SENIORS - born from 1993, and older
(born 1993, and older +18 years old)

KICK LIGHT

MALE FEMALE

JUNIORS - born before 1997
(1994, 1995, 1996, 1997) from 16 to 18 years old

SENIORS - born from 1993, and older
(born 1993, and older +18 years old)

FULL CONTACT

MALE FEMALE

JUNIORS - born before 1997
(1994, 1995, 1996, 1997) from 16 to 18 years old

SENIORS - born from 1993, and older
(born 1993, and older +18 years old)

LOW KICK

MALE FEMALE

JUNIORS - born before 1997
(1994, 1995, 1996, 1997) from 16 to 18 years old

SENIORS - born from 1993, and older
(born 1993, and older +18 years old)

If there is no enough number of fighters in one category (minimum 3) that category will be fold up with the next category.

New better entry form

KICKBOXING CLIP
BOSNIA & HERZEGOVINA OPEN 2013
BIHAC
Bihac, Saturday April 6th 2013
Sports Hall "Lilije"

Club: _____

Entry form to: open@kickboxing.ba
or ziljoh@kickboxing.ba

Discipline, age & category
(choose from drop down list)

Weight check

Drop Down Menu

Name and surname (ime i prezime)	Sex M/F	Semi contact - Younger Cadets (boys) -22 kg	Low kick - Juniors (female) -56 kg
1. Name and Surname 1	m	Semi contact - Younger Cadets (boys) -22 kg	Semi contact - Younger Cadets (boys) -26 kg
2. Name and Surname 2	f	Full contact - Younger Cadets (boys) -26 kg	Semi contact - Younger Cadets (boys) -26 kg
3. Name and Surname 3	m	Semi contact - Younger Cadets (boys) -26 kg	Semi contact - Younger Cadets (boys) -26 kg
4. Name and Surname 4	m	Semi contact - Younger Cadets (boys) -26 kg	Semi contact - Younger Cadets (boys) -26 kg
5. Name and Surname 5	m	Semi contact - Younger Cadets (boys) -26 kg	Semi contact - Younger Cadets (boys) -26 kg
6. Name and Surname 6	m	Semi contact - Younger Cadets (boys) -26 kg	Semi contact - Younger Cadets (boys) -26 kg

It's difficult to make mistake even if you don't know the categories...
JUST CHOSE THE RIGHT ONE

Awards:

- Medals and Diplomas :
1st to the 3rd place
- Sandwiches and drinks for all competitors

The Best competitor in:

- the best cadet
- the best junior
- the best senior
- semi contact
- light contact
- full contact
- low kick
- k1 style

MALE FEMALE
MALE FEMALE
MALE FEMALE
MALE FEMALE
MALE FEMALE

CLIPS FOR THE BEST!

Accommodation

HOTEL - *30 €
Pansions - *15 €

*the prices are around stated price depends on which hotel or pansion you chose

Hotel "Ada S"
Husrefa Redžić 1, Bihac
+387 37 311 570
+387 61 613 145
E-mail: info@hotelbihac.com
www.hotelbihac.com

Hotel "Avlija"
Trg Maršala Tita 7, Bihac
Tel: +387 37 220-882
Fax: +387 37 220-882
E-mail: info@avlija-motel.ba
www.avlija-motel.ba

Pansion "Hanka"
Čehajića mahala 1, Bihac
+387 37 310 598

Pansion "Vila Una"
Bihackih branilaca, Bihac
+387 37 311 393

Hotel "Opal Exclusive"
Krupska b.b.
+387 37 224 183
+387 37 228 585
E-mail: info@opalexclusive.com
www.opalexclusive.com

Hotel "Park"
V Korpusa bb, Bihac
+387 37 226 394
+387 37 226 381
E-mail: info@aduna.ba
www.aduna.ba

Hotel "Emporium"
dr. Irfana Ljubijankića 90
77 000 Bihac
+387 37 616 600
E-mail: info@emporium.ba
www.emporium.ba

Hotel "Paviljon"
Aleja Alije Izetbegovića b.b.
+387 37 224 194
+387 37 228 608
E-mail: hotel-paviljon@live.com
www.hotel-paviljon.com

Hotel "Rio Mare"
Jablanska bb, Bihac
+387 37 315 308
+387 37 315 309

Hotel "Kostelski buk"
Kostela b.b.
+387 37 302 340
E-mail: info@kostelskibuk.ba
www.kostelskibuk.ba



History of Bihac Today



The area was settled from at least Illyrian and Roman times, but the town itself was first mentioned in 1260, in a document of King Bela IV.

Bihac is located in Northwest part of Bosnia and Herzegovina, on the border with Croatia. It is administrative, educational and cultural centre of Una-Sana Canton. Area of Municipality covers 900 square kilometers with population of 60.810.

The relief of Bihac Municipality is diverse, with fields, karst, hilly and mountain areas, with rich water flows and springs. One of the cleanest and most beautiful rivers in Europe, named by the ancient Romans - Una (one and only) flows through Bihac. River Una has many natural beauties - such as the canyon, waterfalls and rapids, especially in Bihac Municipality. The area is rich with karst caves, flora and fauna and it is rare example of ecologically completely saved biodiversity.

If you look for active vacation, Bihac can offer you the most. For this kind of tourism, Bihac and Una river are unique challenge. The ambience of water, air and mountain heights can fulfill all tourists' wishes. River Una offers you unforgettable rafting or kayak descent down the rapids. The bravest can try speed river and cave diving on unbelievable locations and meet very rare cave organisms. If you like fishing, rivers Una and Klokot are real paradise with rich and diverse fish reserves, and real challenge for sport fishermen. Forest surroundings are propitious for hunting with a lot of wild game such as boar, fox, brown bear, deer, pheasant and grouse. Panoramic flight with airplane or glider adds new dimension to the unique experience.

Bihac has sport infrastructure that allows development of professional and amateur sport teams and individuals in indoor and outdoor sports. The stadium, sport halls, bowling alley, kayak tracks, diving centre, thermal recreation centre, sport airfield and hippodrome combined with the fresh air and clean water, are some of the sport sites that Bihac can offer. More than twenty different sports happen daily throughout the town. Football has a long tradition here, with the club "Jedinstvo", founded in 1919.

Natural beauties and the old town inspire many artists. Some of them come to discover a new detail; some of them come to exhibit. Bihac has become a popular destination for theatre



WELCOME TO BIHAC!