



# Wako

# European Cup

30 April - 3 May 2015, POLAND, Krynica-Zdrój



FULL CONTACT **LOW KICK**

POINTFIGHTING

KICK LIGH **LIGHT**

K1

CONTACT

# Wako European Cup

30 April - 3 May 2015, POLAND, Krynica-Zdrój

## COMPETITION PROGRAMME

### 30 April 2015 (Thursday)

12:00 p.m. - 10:00 p.m.

- weighing of male and female competitors
- weight class verification
- medical inspection
- weight class draw

### 01 May 2015 (Friday)

9:00 a.m. - 12:00 p.m. weight class selection

12:00 p.m. - 01:00 p.m. lunch break

1:00 p.m. - 2:00 p.m. ceremonial opening of the championship

2:30 p.m. - 6:00 p.m. pointfighting semi-finals and finals; light contact and kick light semi-finals

### 02 May 2015 (Saturday)

9:00 a.m. - 12:00 p.m. full contact, low kick, and k1 eliminator fights; light contact and kick light finals

12:00 p.m. - 1:00 p.m. lunch break

1:00 p.m. - 6:00 p.m. full contact, low kick, and k1 semi-final fights

### 03 May 2015 (Sunday)

9:00 a.m. - 12:00 p.m. semi-final fights

12:00 p.m. - 5:00 p.m. full contact, low kick, and k1 semi-finals and finals

Eliminatory fights and semifinals are 2 rounds of 2 minutes each. The final fight: 3 rounds of 2 minutes each. The programme might undergo changes depending on the number of registered competitors.

## THE COMPETITION WILL FOLLOW THE WAKO RULES

### Age Categories:

#### ► POINTFIGHTING and CHILDREN

7, 8, and 9 years old - 20 kg, 24 kg, 28 kg, -32 kg, -37 kg, 42 kg, -47 kg, +47 kg

Male and female competitors: Younger Cadets (10-12 y.o.), Older Cadets (13-15 y.o.), Juniors (16-18 y.o.), Seniors (19-40 y.o.)

#### ► LIGHT CONTACT

Male and female competitors: Younger Cadets (10-12 y.o.), Older Cadets (13-15 y.o.), Juniors (16-18 y.o.), Seniors (19-40 y.o.)

#### ► KICK LIGHT

Male and female competitors: Younger Cadets (10-12 y.o.), Older Cadets (13-15 y.o.), Juniors (16-18 y.o.), Seniors (19-40 y.o.)

#### ► FULL CONTACT

Male and female competitors: Younger Juniors (15-16 y.o.), Older Juniors (17-18 y.o.), Seniors (18-45 y.o.)

#### ► LOW KICK

Male and female competitors: Younger Juniors (15-16 y.o.), Older Juniors (17-18 y.o.), Seniors (18-45 y.o.)

#### ► K1

Male and female competitors: Younger Juniors (15-16 y.o.), Older Juniors (17-18 y.o.), Seniors (18-45 y.o.)

Wright categories, application form, and other pieces of information are available on the tournament webpage: [www.bulandateam.pl](http://www.bulandateam.pl) (web bookmark WAKO European Cup)

## FINANCIAL REGULATIONS:

1. Entry fee: 50 PLN - in one fight type
2. Accommodation and catering fee: 40-100 PLN - depending on the standard
3. Application cut-off date: 22 APRIL 2015
4. Applications via application form on championship webpage [www.bulandateam.pl](http://www.bulandateam.pl) (web bookmark WAKO European Cup)
5. Entry fees - Organiser's account: LUKS-JAS POL ul. Wiejska 20/1, 33-380 Krynica-Zdrój, bank account number 35 8811 0006 0000 0048 7322 0001

