

SARAJEVO WORLD 2019

SENIOR KICKBOXING CHAMPIONSHIP



19.-27.10.2019.
Bosnia and Herzegovina

LIGHT CONTACT - LOW KICK - KI RULES



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina



INVITATION LETTER
by WAKO President Mr. Roy Baker
TO ALL WAKO MEMBERS

Dear Presidents,
Dear Friends,

I take pleasure in welcoming you to our first part of the WAKO World Championships in 2019.

I am sure the Kickboxing Federation of Bosnia and Herzegovina and its president Mr. Dragutin Papovic will do a great job in hosting this prestigious event in the beautiful city of Sarajevo. I myself visited the city last year to inspect the arena and hotels and I can assure you your stay will be one of comfort.

We must always strive to improve our federations and WAKO itself by continually evolving and always being reflective of our environments and where we want to get to. This is critical for the continued development of WAKO.

Team work, is what will actually make this happen, Team work is our ability to work together as the WAKO Family, toward a common aligned vision. With the ability to direct individual accomplishments toward organizational objectives.

This is how we will achieve our future goals for the sport we are so involved in. The entire WAKO Family working together on all five continents, helping each other grow in a transparent, democratic and aligned way. We are all accountable and responsible as leaders in our field to ensure we always put the athlete and our sport first as a team, the WAKO team.

I look forward to seeing you your athletes and your entourage at the first part of our 2019 World Championships. We must always remember, Win with Integrity, loose with Dignity.

Respectfully Yours,

Roy Baker
WAKO President





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

KICKBOXING FEDERATION BOSNIA AND HERZEGOVINA
OFFICIAL INVITATION TO ALL WAKO MEMBERS NATIONAL
FEDERATION/ASSOCIATION



Dear WAKO friends,

It is my pleasure and great honor to invite you and your national teams to take part in jubilee 22nd WAKO World Senior Championship in discipline Light Contact, Low Kick and K1, which will be held from 19th to 27th October 2019, in Sarajevo, Bosnia and Herzegovina. We are inviting all WAKO fighters, coaches, officials and fans to visit Sarajevo, the „Capital“ of kickboxing in 2019. You can be sure it will be organized at a very high level. Bosnia and Herzegovina is a very friendly country with many natural beauties and historical traditions. This World Championship will be organized under the auspices of the Government of Bosnia and Herzegovina, Ministry of Civil Affairs, Olympic Committee, Sport Association Bosnia and Herzegovina and the City of Sarajevo.

I can promise from our side that we will try our best and ensure high quality in the facilities of the event, so everybody will be able to show their knowledge under ideal competition circumstances. We will have a really good time in Sarajevo which is a beautiful metropolis, the capital of Bosnia and Herzegovina, hosted the Winter Olympic Games.

Our world class hotels four and five stars, with state of the art leisure facilities. Sports activities will be in Olympic hall Juan Antonio Samaranch Sarajevo. I look forward to meeting you all, on this WAKO event and I personally promise you and your members an enjoyable and memorable experience in Bosnia and Herzegovina, one which we can all be proud of.

The contact details are below for each event officer, if you have a query on any particular area, or alternatively you can contact me directly.

I look forward to seeing all of you in Sarajevo.

Promotor:
Alija Ogric, prof.
Vice president KFB&H



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

LOCAL ORGANIZING COMMITTEE

EVENT COORDINATOR:

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WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

Liability

Kickboxing federation Bosnia and Herzegovina, as organizer of the WAKO World Championships, will take no responsibility for any personal injury, loss or damage to your property arising out of participation and travelling connected to WAKO World Championships

Registration

Registration such as accreditation and weigh in will be done in the official hotel of WAKO World Championships, hotel "Hills" Sarajevo, Butmirska Cesta 18, Ilidža 71210

Hotels

Hotel "Hills" - 5* www.hotelhills.ba

Hotel "Hollywood" - 4* www.hotelhollywood.ba

Sports Hall

VENUE for all fights -Olimpic hall "Juan Antonio Samarán" Zetra Sarajevo, Alipašina bb

Entry fee

WAKO shall receive an entry fee for each competing team and/or competitor: Euro 63,00 per person and per division (**Solidarity donation of € 3,00 included**).

It is mandatory payment of the entry fees in advance **by bank transfer ONLY** to be addressed to the following bank details:

Account Name: World Association of Kickboxing Organizations

Bank: ACREVIS

Bank address: Marktplatz 1,9004 St.Gallen,Switzerland

IBAN (EURO) : CH77 0690 0053 0403 1010 7

SWIFT CODE: ACRGCH22

Please kindly note that the amount to be paid must be in Euro and be fully paid, any bank charges or eventual provision due to the currency exchange is on your expenses. Any eventual difference of the amount received on WAKO bank account will be charged on your Federation/Association and requested to be covered on spot.

Payments of the entry fees by cash in EUR will have to be communicated earlier in advance to WAKO Administration- administration@wakoweb.com and will be accepted at the moment of registration by the Chief of Delegation only under written communication and proof of evidence that wire transfer was not possible to be executed.

Anti - doping control

It is strictly forbidden to take any illegal stimulants that are against the rules of the WAKO Anti-doping regulations. The WAKO will have anti-doping tests on randomly chosen winners. Each





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

athlete found positive by the test will be sanctioned according to the WAKO General Rules Anti-doping regulations.

Flag and national anthem

Each participating country must bring 2 (two) flags, size 90 x 130 cm and a CD with their national anthem. The flag and CD are handed in at registration and will be returned to each participant after the competition

ARRIVAL OF TEAMS AND MEETING POINT

All teams must arrive in Sarajevo on Saturday, October 19th and not later than Sunday, October 20th (20:00 local time). For those teams arriving by plane at Sarajevo airport, we will provide a transfer from airport to the official hotel for registration and weigh in and then to the hotel according to registration.

ACCREDITATION will be done in the official hotel on the same day of arrival and weigh in.

OFFICIAL HOTEL will be Hotel "Hills", Butmirskacesta 18, Ilidža 7121, Sarajevo.

WEIGHT AND CONTROL WEIGHT will be in official Hotel Hills

ACCOMMODATION will be provided in 4 and 5 stars hotels—one complex on Ilidža 7121. Hotel "Hills" is a superior 5* hotel located Butmirskacesta 18, Ilidža 71210 Sarajevo. It will be the official hotel of the Championships. Hotel "Hollywood" is 4* hotel located in Sarajevo. All **WAKO** members attending the WAKO World Championships have to book their accommodation as early as possible **DIRECTLY** and **ONLY** to **ACCOMMODATION OFFICER Organizer committee**. *No team will be accepted otherwise.*

The resort tax is payable at the hotel and is 3,00€ per person per day.

PAYMENT for accommodation according to previous booking can be in CASH (EUR) or you can pay through the bank transfer.

PAYMENT INSTRUCTIONS

for accommodation by bank transfer

(for SWIFT transfers)

:56A (PAY THROUGH:) Sparkasse Korresp. (1) for EUR	SWIFT : GIBAAWVG 1. ERSTE GROUP BANK AG WIEN
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WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

:32A (The amount:	EUR
:57A (Account with Institution)	SWIFT CODE: ABSBBA22 Sparkasse Bank DD BiH Zmaja od Bosne 7 BiH-71000 SARAJEVO
:59 (Beneficiary:)	SPORTSKI KLUB CENTAR BORILAČKIH SPORTOVA, TEŠANJ BRAĆE POBRIĆ BB, 74260 TEŠANJ, BiH IBAN BA39 1990 4600 0300 2538

In order to avoid any correspondence, delay or return of payment due to incomplete information MT103 must always include:

- full name and address (street, city, state) of the ordering customer – field 50;
- full name and IBAN (account number) of the beneficiary customer – field 59.

Upon arrival and book minimum 6 nights per person. We have limited number of beds, so you have to make your reservation according by next table:

Hotel	Rooms	Termin Reservation Before 1th August	Termin Reservation Before 19 th September	Termin Correction Before 1th October
Hotel 4 * Holywood	Triple room	55	65	75
	Double room	65	75	85
	Single room	80	95	110
Hotel 5* Hills	Triple room	65	75	85
	Double room	75	85	95
	Single room	90	110	130

ATTENTION In the case of cancellation of accommodation before 19th September one person is paid penal 50% of the price. In case of cancellation of accommodation between 1th September - 1th October is paid penal per person 70% of the price.





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

TRANSPORTATION

Will be organized from and to the airport upon your request. Price will be 25 EUR per person each way (airport-hotel-airport). Each national team will have hosts.

SHUTTLE BUS

will be provided by the organizing committee from hotel to Venue and vice versa few times a day during the Championships and cost 30 EUR per person.

WEIGH IN

The official registration and weigh in of participating athletes will be done according to Official Program. The place will be hotel Hills, October 19, 2019 (13:00–22:00) On Sunday, October 20 at (10:00 - 22:00) official weigh in will be closed.

No Teams will be allowed to participate in the World Championships after this time.

INSURANCE

Kickboxing Federation Bosnia and Herzegovina and its associates or WAKO and its associates will not be responsible for any personal injury cause during Championships. All participants must have full insurance coverage of their own organization/country.

SPORT EQUIPMENT

All teams have to use sport equipment produced by Top Ten or SAP only.

REGISTRATION ONLINE

All athletes' registration must be done online at: www.sportdata.org

Online Registration closes **on Saturday 5th October 2019.**

No registrations will be accepted after this date.

In case of any problem with the registration online please contact: support@sportdata.org

ATTENTION

We would like also to remind that according to WAKO rules and regulations the eligibility for the participation to this WAKO World Championship is reserved only to WAKO National Federation/Association members.

For participation it is also MANDATORY to have duly provided with payment of the AFFILIATION FEE 2019 by bank transfer only before the event takes place.

MANDATORY FORMS

Each form must be completed BEFORE team/fighters are presented for weight control/medical check and handed in to the appropriate WAKO Officer.

- a. Medical Questionnaire (Fighters)
- b. WAKO Liability Waiver (Fighters)





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

- c. WAKO Disclaimer (National federation presidents)

APPENDIXS

1. APPENDIX 1 - PROVISIONAL ENTRY FORM
2. APPENDIX 2 - FINAL ENTRY FORM
3. APPENDIX 3 - RESPONSIBILITY FORM
4. APPENDIX 4 - APPLICATION FORM FOR VISA REQUEST
5. APPENDIX 5 - HOTEL & TRANSFER RESERVATION FORM
6. APPENDIX 6 - TRAVEL SCHEDULE

SAYONARA PARTY will be organized for all members of each delegation with no charge. For all WAKO presidents and referees we provide some nice presents.





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

Hotel Hills – Congress & Thermal Spa Resort

Hotel Hills, Thermal & Spa Resort Sarajevo is a new five star Hotel that has attractive location in the center of the green oasis of Sarajevo and within 2 km from the International Airport Sarajevo. Hotel Hills, Thermal & Spa Resort Sarajevo is a part of a Mrkucgroup, the biggest hospitality group in Bosnia and Herzegovina, owner of the Hollywood hotel Sarajevo 4*, Termalna Riviera and Hollywood travel as well. Hotel Hills, Thermal & Spa Resort Sarajevo includes 335 sophisticated comfort and luxurious rooms and suites, all with spacious balconies, chosen details, multi-purpose Congress center with modern conference technology, Thermal spa's, indoor and outdoor swimming, pools, Adrenalin park for children and adults on impressive 2200 square meters, Wedding halls, couple of restaurants with international and national cuisine. The most attractive restaurant and lounge bar is placed at the top of the Hotel with beautiful panoramic view to the green surroundings of the Hotel. Premium accommodation and conference venue, a professional service with a hint of personality and a wide range of facilities are what Hotel Hills, Thermal & Spa Resort Sarajevo is to guarantee. For more information go to www.hotelhills.ba



-is located in the center of Ilidža, green oasis of Sarajevo, near Sarajevo International Airport, along the city's main traffic terminal. Nearby source of the river Bosna, extremely rare gift of



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

nature, and a number of administrative, business, health, cultural and sports facilities and institutions make the location of hotel “Hollywood” more attractive and universal.

Hotel Hollyhwood Sarajevo is also

- Hotel – center of events, with the necessary touch of intimacy and pleasant home atmosphere.
- Flawless and efficient implementation of complex tourism and other activities such as trade fairs, congress and seminars, educational programs, working meetings, sports competitions, events, weddings, celebrations and everything else that our guest and customer wants. Maximum adaptability and convenience for people with disabilities (accessibility, disability toilets, door width, elevators).

The hotel has luxurious rooms, within which there is a bathroom specially designed for guests in wheelchairs. For more information go to www.hotelhollywood.ba



Olympic Complex Zetra is the biggest sport-recreative complex in Sarajevo.



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

In the central building within the complex there is a multifunctional Olympic Zetra Hall, built for the needs of the XIV Winter Olympic Games which had an opening ceremony in 14.XII.1982. when the president of International Olympic committee Mr. Juan Antonio Samaranch opened Olympic hall for the World Championship in ice skating. Capacity of sitting places is 9.000 at it can hold up to 15.000 people if it comes to concerts and similar events. Zetra is the place of various sport, culture and entertainment events as well as fairs. With the help of International Olympic committee, Zetra Hall was renovated in 1999. and since then it has a name Juan Antonio Samaranch. The 1984 Winter Olympics, officially known as the XIV Olympic Winter Games was a winter multi-sport event which took place from 8–19 February 1984 in Sarajevo, SFR Yugoslavia. It was the first Winter Olympic Games held in a socialist state. It was also the second Olympics overall, as well as the second consecutive Olympics, to be held in a socialist country after the 1980 Summer Olympics were held in Moscow, Soviet Union.





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

EVENT SCHEDULE

Date/Day	Time Start	Time Finish	What is going on?	Who is going on?
Friday October 18	20:00	23:00	WAKO Organizing Committee meeting	WAKO Organizing Committee members
Saturday October 19	13:00	22:00	Arrival, accreditations, athletes registration, weigh in, medical control	All participants
Sunday October 20	10:00	22:00	Arrival, accreditations, athletes registration, weigh in, medical control	All participants
	22:00	24:00	Registration Check Sheets for Coaches issued "Online"	WAKO Organizing Committee to Coaches/Officials
Monday October 21	10:00	11:00	Coach meeting, Anti doping seminar	Coach Committee
	11:00	13:00	Official draw	Organizing committee
	13:00	15:00	International Referee Seminar (Ring & Tatami Sports) **Note ALL referees must complete this course to be in a position to officiate**	WAKO Referee Committee
	15:00	19:00	Committee meetings	Various Committees
	20:00	21:00	Draw Sheets Issued **Online**	WAKO Organizing Committee
	20:00	23:00	Dinner/Banquet for WAKO presidents	WAKO Presidents + 1 official
Tuesday October 22	10:00	11:00	Opening ceremony	Athletes, coaches, referees
	12:00	19:00	Qualifications	All participants
	20:00	23:00	WAKO Board Dinner	WAKO Board
Wednesday October 23	07:00		Weight Control (Ring Sports ONLY)	ONLY Athletes competing on that day
	10:00	19:00	Qualifications	Athletes, coaches, referees
Thursday October 24	07:00		Weight Control (Ring Sports ONLY)	ONLY Athletes competing on that day
	10:00	19:00	Qualifications	Athletes, coaches, referees
Friday October 25	07:00		Weight Control (Ring Sports ONLY)	ONLY Athletes competing on that day
	10:00	16:00	Semi Finals	Athletes, coaches, referees
	20:00	23:00	First part of finals – Gala night with live broadcast on National TV	Athletes, coaches, referees 12 finals
	21:00	23:00	Awarding ceremony	All Athletes in 12 finals, including bronze medalists
Saturday October 26	07:00		Weight Control (Ring Sports ONLY)	ONLY Athletes competing on that day
	10:00	18:00	The second part of finals and Awarding ceremonies	Athletes, coaches, referees
	20:00		Sayonara Party	All participants
Sunday October 27			Departure of All Teams	



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

Sarajevo

Encompasses the city of Sarajevo and the wider Sarajevo Canton (which is located in the Federation of BiH, one of BiH's entities), as well as the municipalities which are part of the neighboring parts of town and East Sarajevo (which is located in the Republic of Srpska, another BiH entity).

Many archaeological finds testify to the fact that the area taken in by Sarajevo was inhabited even during the Neolithic period. There is also evidence that the Illyrians were here and the medieval town of Hodidjed was located in what is now part of "Destination Sarajevo". Nonetheless, the name Sarajevo comes from the Turkish words, saray = palace and ovasi = field, and this certainly points to the fact that it was founded by the Ottomans, when the Turkish governor, Isa Bey Ishaković, founded Sarajevo in the 15th century as the seat of Ottoman power for this region.



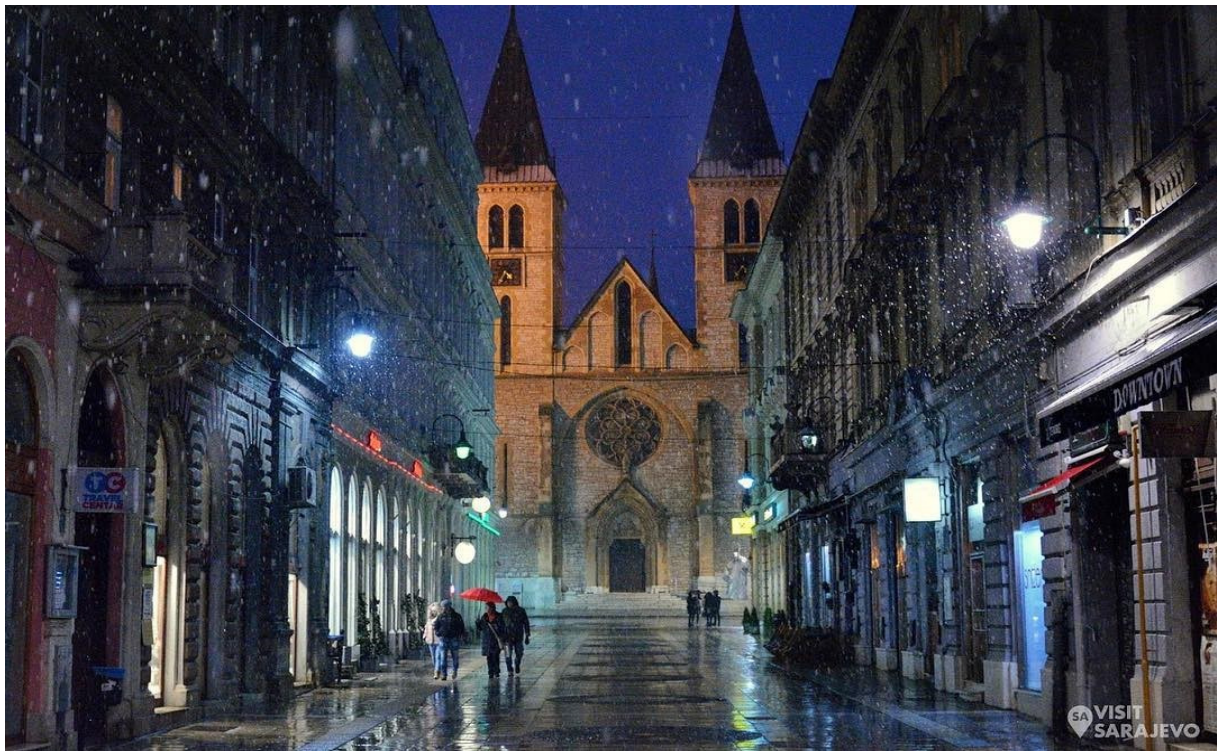
Those who take a stroll through Sarajevo will notice four distinct types of architecture, which reflect the city's different historical periods.

The foundations of Sarajevo were laid during the first 150 years of Turkish rule and it was during this time that many architectural jewels were constructed, such as Gazi Husrev Bey's Mosque, the Emperor's Mosque, the Old Orthodox Church and Baščaršija, which was once a grand marketplace. At the beginning of the 17th century, Sarajevo grew into a vibrant community of craftsmen which served as a major trading center and later became one of the most



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

important cities in the European part of the Ottoman Empire. Another period that saw architecture flourish coincided with Austro-Hungarian occupation at the end of the 19th century and lasted until the First World War started in 1914. The modernization of Sarajevo included the installation of a public transport system, the first telephone line, etc. There were also many cultural and educational institutions that were founded, such as the National Museum and the National Theater. Other additions to the fast-growing city included Vijećnica (City Hall), the Aškenazi Synagogue and the Cathedral of Jesus' Heart. Sarajevo's development came to a halt on June 28, 1914, when Gavrilo Princip assassinated Franz Ferdinand, the Austro-Hungarian heir to the throne, and his wife Sophie. This set off a series of unfortunate events which eventually led to the outbreak of World War I. At the end of the First World War, Sarajevo became part of the newly-formed Kingdom of Serbs, Croats and Slovenes and it remained part of this state, which was later re-named the Kingdom of Yugoslavia, until the beginning of the Second World War, when it became part of the new Socialist Federal Republic of Yugoslavia.





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

Sarajevo experienced massive damage during the Second World War so it didn't simply undergo major reconstruction during the post-war years, but also enjoyed tremendous growth. By 1984,



when it hosted the 14th Winter Olympic Games, Sarajevo had become a modern city with a population of more than 500,000.





Sarajevo – Location



Sarajevo is near the geometric center of the triangular-shaped Bosnia-Herzegovina and within the historical region of Bosnia proper. It is situated 518 meters (1,699 ft) above sea level and lies in the Sarajevo valley, in the middle of the Dinaric Alps.^[26] The valley itself once formed a vast expanse of greenery, but gave way to urban expansion and development in the post-World War II era. The city is surrounded by heavily forested hills and five major mountains. The highest of the surrounding peaks is Treskavica at 2,088 meters (6,850 ft), then Bjelašnica mountain at 2,067 meters (6,781 ft), Jahorina at 1,913 meters (6,276 ft), Trebević at 1,627 meters (5,338 ft), with 1,502 meters (4,928 ft) Igman being the shortest. The last four are also known as the Olympic Mountains of Sarajevo (see also 1984 Winter Olympics). The city itself has its fair share of hilly terrain, as evidenced by the many steeply inclined streets and residences seemingly perched on the hillsides.

The Miljacka river is one of the city's chief geographic features. It flows through the city from east through the center of Sarajevo to west part of city where eventually meets up with the Bosna river. Miljacka river is "The Sarajevo River", with its source (*Vrelo Miljacke*) 2 kilometres (1.2 miles) south of the town of Pale at the foothills of Mount Jahorina, several kilometers to the east of Sarajevo center. The Bosna's source, *Vrelo Bosne* near Ilidža (west Sarajevo), is another notable natural landmark and a popular destination for Sarajevans and other tourists. Several smaller rivers and streams such as *Koševski Potok* also run through the city and its vicinity.

Climate



Sarajevo has a humid continental climate (*Dfb*). Sarajevo's climate exhibits influences of oceanic zones, with four seasons and uniformly spread precipitation. The proximity of the Adriatic Sea moderates Sarajevo's climate somewhat, although the mountains to the south of the city greatly reduce this maritime influence. The average yearly temperature is 10 °C (50 °F), with January (−0.5 °C (31.1 °F) on average) being the coldest month of the year and July (19.7 °C (67.5 °F) on average) the warmest. The highest recorded temperature was 40.7 °C (105 °F) on 19 August 1946, and on 23 August 2008 (41.0) while the lowest recorded temperature was −26.2 °C (−15.2 °F) on 25 January 1942. On average, Sarajevo has 7 days where the temperature exceeds 32 °C (89.6 °F) and 4 days where the temperature drops below −15 °C (5 °F) per year. The city typically experiences mildly cloudy skies, with an average yearly cloud of 45%.

The cloudiest month is December (75% average cloud cover) while the clearest is August (37%). Moderate precipitation occurs fairly consistently throughout the year with an average 75 days of rainfall. Suitable climatic conditions have allowed winter sports to flourish in the region, as



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP
19-27 October 2019 Sarajevo Bosnia and Herzegovina

exemplified by the Winter Olympics in 1984 that were celebrated in Sarajevo. Average winds are 28–48 km/h (17–30 mph) and the city has 1,769 hours of sunshine.

Travelling to Sarajevo

By plane



International Airport Sarajevo
KurtaSchorka 36
Tel. 28 91 00
More information: www.sarajevo-airport.ba

The airport is 12 km from the city center. The Airport Bus connects the Sarajevo center and Sarajevo International Airport, and there are several other transport options between the city and the airport. All information about the bus timetable can be found at <http://www.sarajevo-airport.ba/>. The one-way fare is 5,00 KM, and 8,00 KM in both directions. Otherwise, the taxi will take you to the city at a price of approx. 20 KM. In cold months, early morning flights may be delayed or canceled, as the area sometimes covers heavy fog until late in the morning or later. Working hours: 05:00 – 23:00 Tourists at this airport come with a number of regular, seasonal and charter flights from the company: Turkish Airlines, Austrian Airlines, Croatia Airlines, Lufthansa, Air Serbia, Adria Airways, Eurowings, Atlas Global, Flydubai, Germanwings, Pegasus, Air Arabia, Wizz Air

By bus



Sarajevo International Bus Station
The Way of Life 8, Tel. +387 33 21 31 00, +387 33 21 30 10
More information: www.centrotrans.com. Bus buses from many European cities come from the bus station Sarajevo. Recently, cooperation with the international bus company Flixbus (www.flixbus.com) has been established. Intercity lines every day from Sarajevo: Banja Luka, Bihać, Fojnica, Jajce, Medjugorje, Travnik, Tuzla, Visoko, Zenica and other cities in Bosnia and Herzegovina. Bus station Lukavica
Address: Srpskavladara 2, Phone: +387 57 31 73 77

Intercity lines every day from Lukavica: Srebrenica, Trebinje, Višegrad, as well as Belgrade, Niš, Novi Sad, Herceg Novi, Podgorica

By car



Sarajevo is located in the central part of Bosnia and Herzegovina and is linked to the transversal of the two most important main routes in the region; Adriatic highway and car – via Zagreb – Belgrade. There are many beautiful landscapes, roads tend to be quiet, and there are plenty of high quality places to stop drinks or meals. Some of the best restaurants



WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP 19-27 October 2019 Sarajevo Bosnia and Herzegovina

in the state are right next to the main road. There is little chance to spend gasoline in the middle of a niggard, as there are many gas stations along all major routes. Equally nice number of insured garage. For relatively little money, an “automaker” will make repairs, and a “vulcanizer” will repair your tire.

If you use parts of highway A1 from Zenica, you will pay the toll of Zenica – Sarajevo 6,00 KM.

If you travel A1 from Sarajevo to Mostar, the section of the Sarajevo highway (Vlakovo – Tarčin) you will pay BAM 2,50.

When traveling with your car, if your green card does not apply to Bosnia and Herzegovina, you must take out insurance at the border crossing. Rules like those in the European Union are in place. Speed limits are marked according to standardized rules. Permissible speeds: in settlements 60 km / h; outside the inhabited areas 80 km / h; on the highway 120 km / h.

In the period from November to April, winter driving rules apply, so pay attention to the skidding of the road and the possibility of heavy snowfall.

In the event of a breakdown on the road, assistance will be provided by the Bosch Automotive Motor Club, BIHAMK by calling 1282. For international calls, please use +387 33 282

Sarajevo – Mostar – 130 km
Sarajevo – Belgrade – 310 km
Sarajevo – Dubrovnik – 238 km
Sarajevo – Zagreb – 403 km

By train



Railway station FBIH
Put života 2
Tel: +387 33 65 53 30
More information: www.zfbh.ba

The main train station is a 10-minute walk from the center of town. In the immediate vicinity of the station there is a taxi stand, bus and tram station. If you are going to Bašćaršija choose tram number 1 or tram number 4 in the direction of Ilidža. Train lovers have regular daily lines to: Banja Luka, Mostar, Čapljina, Zenica, Kakanj and Konjica. We recommend: By train from Sarajevo to Mostar, you will experience a true adventure through over 100 natural tunnels located along the beautiful green landscape and the emerald canyon of the Neretva River.

Useful information

Visas

A citizen of a Member State of the European Union, a state party to the Schengen Agreement, and citizens of Andorra, Montenegro, Liechtenstein, Monaco, San Marino, Serbia, the Holy See





WAKO WORLD SENIOR KICKBOXING CHAMPIONSHIP 19-27 October 2019 Sarajevo Bosnia and Herzegovina



and the Swiss Confederation can travel to Bosnia and Herzegovina with a travel document or a valid ID card proving identity and citizenship. The minimum amount of money on foreigners traveling to Bosnia and Herzegovina is 150.00 BAM (or countervalue in foreign convertible currency) for each day of intended stay.

Working hours

Most public offices have working hours similar to West European during five working days a week (08:00 to 16:00 hours). Banks are open until 18:00 on weekdays and until 13:00 hours on Saturdays. The post office is also open on Saturdays, and the Main Post and the Post Office at Ćemaluša Street are open until 20:00 hours. Stores usually open earlier in the morning and usually stay open until 20:00, while shopping centres are open until 22:00.

Official language

In Sarajevo, Bosnian, Croatian and Serbian are spoken, which are basically a variant of one base language. Sarajevans also learn foreign languages and many understand the basics of communication in English and German.

Non-smoking areas



Smoking in Sarajevo is allowed in almost all places. Smoking ban is implemented very flexibly so that some hotels or restaurants have designated areas for smokers and non-smokers. Smoking is mostly banned in ćevapi places, traditional food places and some pastry shops in the old part of town, as well as some restaurants and pastry shops in shopping malls.

Time zone

Bosnia and Herzegovina and Sarajevo are in the Central European Time Zone (GMT +1).

Currency



Bosnia and Herzegovina's currency is a convertible mark. Bills of 10, 20, 50, 100 and 200 BAM, and coins of 1, 2 and 5 BAM are in circulation. The smaller denomination is a convertible pfennig (1 BAM has 100 KF), and the coins are 5, 10, 20 and 50 KF. Currency can be exchanged in authorised exchange offices, banks and post offices, as well as hotels according to the daily exchange rate. Commission fee varies from 1 to 1.5%.

Credit Cards

Most stores and restaurants accept American Express, Diners, Mastercard and Visa credit cards. However, in most cafes and crafts you will have to pay in cash. The same goes for parking fees or tickets for city transport.





Tax Free Shopping

Foreign nationals, upon leaving the customs area of BiH, are entitled to Value Added Tax refund (VAT). The buyer pays the goods in full amount with the VAT included. The minimum amount of invoice eligible for VAT refund is 100.00 BAM, whereby the seller issues the fiscal invoice in full amount, a filled-out VAT-SL2 form in three copies and an invoice. In order to get a VAT refund, the buyer who had previously purchased goods must take the goods out from the country within 3 months. When crossing the border of BiH to another country, the buyer is required to report the invoiced goods and have the PDV-SL2 form stamped at customs. The buyer is then required to supply the seller with a valid PDV-SL2 form and an invoice certified by the Customs within 6 months.

Road rules

Rules that apply are like in the European Union. Speed limitations follow standardised rules. Permissible speeds: in settlements 60 km/h; outside settlements 80 km/h; on the highway 120 km/h. In the period from November to April, winter driving rules apply, so pay attention to the skidding of the road and possible heavy snowfall. In the event of a road failure, assistance on the road will be provided by the Bosnian Motorcycle Motor Club **BIHAMK** by calling **1282**. For international calls, use the following number **+387 33 282 100**.

Coordinates

Geographic coordinates of Sarajevo are: 45°53'28'' north latitude and 18°25'50'' east longitude.

Climate

The Sarajevo region is characterised by a moderate continental climate and four clearly distinguished seasons. January is the coldest with a mean temperature of -1.3°C. Sarajevo has an average of 28 ice days. July is the hottest month with a moderate mean temperature of 19.1°C. Sarajevo has 68 days of summer. Autumn is warmer than spring due to a strong thermal influence of the Adriatic Sea. The average annual temperature in Sarajevo is 9.7°C. In Sarajevo, there are 1830 sunny hours per year, on average. The average annual rainfall is 919 litres per square meter.

Population

According to the 2013 Census, there are 503,109 inhabitants living in the Sarajevo Canton.

Distance from European Capitals

Sarajevo is located in the central part of Bosnia and Herzegovina and is linked to the transversal of the two most important main routes in the region; that is, the Adriatic highway and Zagreb – Belgrade highway.



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Electrical Power Supply

Electrical supply is 220V with frequency 50Hz.

Water Supply

It is safe to drink tap water in Sarajevo.

Measuring System

Metric system

Phone and Internet

You can buy prepaid mobile phone cards and top-ups, as well as cards and top-ups for mobile internet at newsstands or stores. Many hotels, restaurants and cafes have free Wi-Fi. Local operators also offer mobile internet, but the cost of roaming internet traffic can be very high.

PUBLIC TRANSPORTATION

If you decide to use public city transport, you will have a tram, trolleybus, bus and minibus network that will allow you to reach any significant location in Sarajevo.

The city transport ticket is mandatory and you can buy it on kiosks (1,60 KM) or by driver (1,80 KM). The card must be annulled after entering the vehicle. www.gras.ba

BUS



There is also a large number of bus and minibus lines linking the city center with sloping settlements and the suburbs of Sarajevo. The most frequent bus line is the one that drives from the Town Hall to the Dobrinja settlement (Line 31E).

TAXI



There are several taxi companies operating in Sarajevo that provide transportation services at very affordable prices compared to other European countries. The starting price for taxi vehicles in most cases is 1.5 KM, while each additional kilometer is charged at 1 KM.

WELCOME TO SARAJEVO !