



EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS



### Dear friends in WAKO

We are pleased to be able to officially invite you and your national teams, to the WAKO European Championships in Full Contact, Point Fighting, Kick Light Contact and Musical Forms, which will take place from the 19th to 27th of November in Loutraki, Greece.

The European Championship in Loutraki is an event which will bring our reputation in the world of sports on higher level. WAKO is held in high regards in the world of sports. Despite the economic and political crisis that is still being felt in many countries, WAKO Europe is growing every day. There is no question that our activity is simply unbelievable, the activity in Europe is greater than the activity in all other continents in WAKO put together. Each year number of our competitors is increasing above expectations and the quality of competitors improves year upon year.

WAKO Europe is strong, but we must get stronger in the future for our fighters, our officials and our sport.

So let us make Loutraki our next goal, where we will show that we are top of the world in numbers and in organizational quality within WAKO.

Ladies and Gentlemen thank you again for your support, for your passion and love to our sport. It will be a great honor to meet you in Loutraki!

Mr. Roy Baker WAKO Europe Acting President











EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS



### Dear WAKO friends,

On behalf of the WAKO IF, it is my pleasure and great honor to invite you and your team to take part in WAKO European Championships in Full Contact, Point Fighting, Kick Light Contact and Musical Forms, which will be held in Loutraki, Greece, from November 19th to November 27th, 2016.

Panhellenic kickboxing federation, leaded by Mr. Mike Trantafyllou, have a great experience in promoting WAKO events. After a great success in promoting WAKO European Championships for seniors in 2010, I am sure that they are ready to present another unforgettable WAKO event.

I will take a chance to invite all WAKO Europe members to attend WAKO European Championships in largest number and to enjoy in hospitality and great organization presented by our Greek friends.

Respectfully Yours,

Prof. Borislav Pelević Ph.D. WAKO IF President











EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS



Dear Friends,

I am very glad to be able to invite you, your officials and your athletes to the 2016 WAKO European Kickboxing Championships in Kick Light, Point Fighting, Full Contact and Musical Forms from 19th November to the 27th November 2016. I am personally engaged in the organization and promotion of the event along with a strong and experienced organizing committee to ensure your experience at this championships will be a memorable one.

We are really honored that Greece was selected to organize an important event, such as the European Kickboxing Championships, during which we will be hosting the best fighters Europe has to offer. We guarantee that the high level of organization, the city that the championships will take place, the hotels you will accommodate and the Greek hospitality will offer you an enjoyable stay and nice memories to reflect on.

I look forward to meeting you all at the WAKO European Kickboxing Championships, hoping in your support and cooperation, and looking forward to seeing you soon again in Greece, Loutraki.

Respectfully yours,

Mr. Antonios P. Mavrommatis WAKO Marketing Chairman









4



**EUROPEAN CHAMPIONSHIP 2016** POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS



Dear sports friends,

On behalf of the Municipality of Loutraki – Perachora – Agioi Theodoroi, it is my great pleasure to welcome all participants to the European Kickboxing Championship 2016, in Loutraki

It is great honor to our City to host this unique sporting event and we are happy to welcome all athletes and sports friends from around the world. Just as in case of the other numerous sporting events held in Loutraki so far, we shall do our best to make the European Kickboxing Championship 2016 one of the best organized events yet. Also, we are certain that the organizers and the inhabitants of the City of Loutraki will welcome you and provide any assistance and the best possible conditions for the event.

We are delighted to offer the most hospitable welcome we can to you all, athletes, competitors, coaches, judges and visitors and we shall do our best to have you leave Loutraki with unforgettable memories. I truly believe that your participation in the Championship will be inspiring, as you will have the chance to enjoy one of the most beautiful cities that combines a fascinating natural environment, blended by the coexistence of mountain and sea.

I wish all of you success and positive energy!

Best regards, **Georgios Alk. Gkionis** Mayor of Loutraki-Perachora-Ag.Theodoroi











EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS



Dear Friends and colleagues,

it is a great honor and pleasure for me to have the opportunity to invite you in Greece for the European Kickboxing Championships in Point Fighting, Kick Light, Full Contact and Musical Forms, which will take place in the beautiful city of Loutraki from 19th to 27th November 2016.

Our great love for the sport of Kickboxing, the area where the championship will take place, the very good hotels we have chosen, the famous Greek hospitality and our very good organizing committee, guarantees the high level of this organization, equality to all the athletes, the fair play and the level that only WAKO has worldwide.

We hope and we want this championship to be a major event for our country and an important source of beautiful and positive memories for all of you who will participate, either as athletes, or as coaches, officials, parents, or even as regular sport's friends. Besides, each one of you separately is an important part for the development of the sport and all together we are the sport, the level, the history, expressing and advertising the beauty and the dynamism of it.

Hope to see all of you here in Greece, wish all the best for you, your athletes and our sport.

Respectfully Yours,

Mike Triantafillou President of the Pan-Hellenic Kickboxing Federation









6

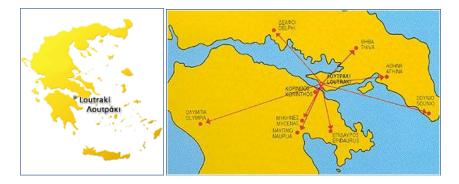


# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

# THE CITY

The European Championship of WAKO will be held at Loutraki from 19<sup>th</sup> to 27<sup>th</sup> of November 2016. The seat of the Municipality is at a distance of 4 kilometres from the Isthmus Canal, while it is only 80 kilometres away from Athens and 120 kilometres away from Patras.

By road, it is linked with Athens via the New National Road of Athens-Corinth, with Patras and western Peloponnese via the National Road of Corinth-Patras, with Tripoli and generally with southern Peloponnese, via the New National Road of Corinth-Tripoli.



Useful telephone numbers:

- Loutraki Urban & Interurban Bus Station: 0030 27440 22262
- Loutraki Railway Station: 0030 27440 61277
- TAXI (Loutraki Radio-Taxi Service):0030 27440 61000
- Athens Bus Station K.T.E.L. (Urban & Interurban): 0030 210 5124910

• Athens Railway Station for the Peloponnese - O.S.E. (Hellenic Railways Organization): 0030 210 5131601 & 1440

• Corinth Suburban Railway Station ("Proastiakos"). Time tables: Corinth - Athens, Corinth - Airport (and back): 0030 27410 45000, -12

• Athens International Airport "Eleftherios Venizelos": 0030 210 3530000 http://www.aia.gr/











# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **BEACHES**

The wider area of the Municipality of Loutraki – Perachora is famous for its beautiful beaches.



The crystal clear sea and the beautiful beaches of Loutraki are being awarded continuously since 1987, with the "Blue Flag of Europe" in environmental management, for the benefit of tourism and of the environment, since the following criteria are fully observed:

- The quality of the swimming water
- The environmental information and training

• The environmental management, the organization of the beach and the rendered services.

• The safety (lifeguards, first aid), the services and the installations.

At the beach of Loutraki, visitors among other activities can also enjoy an unforgettable experience of all kinds of water sports that are offered on an organized base.

The Lake of Vouliagmeni also has a beautiful sandy beach, where visitors can swim, combining a day-long stay at the region, enjoying the water sports and tasting the succulent fish-bites, at the quaint small taverns of the area.



Those who love swimming in remoter beaches, all they have to do are visit Flambouro and Skaloma. Milokopi, Sterna and Strava, are also famous for their beautiful beaches and their crystal clear waters. Schinos and Mavrolimni, have beautiful beaches as well, and offer the possibility of a day-long trip.

The region of Isthmia also has beautiful and safe beaches, which entertain a lot of bathers every summer.











## EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **ARCHAEOLOGICAL SITES**

From the first moment that you visit the archaeological sites of the region, you are entranced by the beauty of the landscape and the mysteries that have been hidden for centuries in the ancient buildings. A historical trip of 3.500 years gave to this place a treasure of priceless value that belongs to the cultural heritage! Sights of archaeological interest

- The Diolkos and the Isthmus Canal
- The Heraion near the Lake of Vouliagmeni
- Isthmia
- Schinous
- The Alkionides Islands
- The Roman villa at Katounistra, in Loutraki
- Peraeon or the land of Peraea (now called Perachora)
- Vouliagmeni Lake (Heraion)
- The Mycenaean Tombs in Skaloma

Other areas and sites

- The Geraneia Mountains
- Folklore Museum of S. Lekka & G. Nikolopoulos
- archaeological Museum of Isthmia

### **TOURISTIC WAYS**

The ideal geographical location of Loutraki offers unlimited possibilities for excursions. For the sea-lovers there are a lot of beaches, still trackless, that can be visited by boat. Moreover, there are organized one-day excursions: small boats depart from the port of Loutraki and visit the Vouliagmeni Lake, Strava, Milokopi and the Alkyonides Islands, offering a unique experience for unforgettable trips to nature and to the clear beaches with the calm waters.











9



## **EUROPEAN CHAMPIONSHIP 2016** POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

Finally, there are excursions with frequent schedules, that include sailing of the Isthmus Canal and excursions to the Corinthian Gulf and Saronikos Gulf as well. On the Geraneia Mountain Range (altitude: 1.100 metres at Aetorachi peak), hiking enthusiasts will discover many beautiful tracks and paths, as well as interesting old churches, Byzantine monasteries and archaeological sites.

For those who love mountaineering, there is no doubt that the slopes of the Geraneia Mountains will offer them unique excitement. At the "Galanopoulos" shelter, visitors can rest and gain their strength for new thrills. The Mountaineering Club of Loutraki organizes excursions and hiking on the slopes of the Geraneia Mountains very frequently. Moreover, various sport centres in Loutraki organize activities, such as rock-climbing, horse-riding, trekking, mountain bike rides and paintball.

The strategic geographical position of Loutraki offers unlimited possibilities for oneday visits and trips to the most important archaeological sites of South Greece, such as: Mycenae, Nafplion, Epidaurus, the Acropolis, Mistras, Olympia, etc.













# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **OFFICIAL ACCOMMODATION**

Hotel Club Casino Loutraki (5\*), 48 Poseidonos Str., 20300 Loutraki, www.clubhotelloutraki.gr













# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

Kalamaki Beach Hotel (4\*), Isthmia - Kehries, www.kalamakibeach.gr



King Saron Hotel (4\*), Kavos Isthmias - L. Epidaurou, www.kingsaron.gr













# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

Paolo Hotel (3\*), Loutraki, Ethnikis Antistasis 16, www.hotelpaolo.gr



Hotel Mantas (3\*), Loutraki, Damaskinou 1, www.mantashotels.gr



### Access & distances

The hotels are 1 hour drive from Athens and the International Airport in the new High Way and 5-10 minutes from the stadium.











# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

# **PROGRAM**

Saturday, November 19	Arrival of delegations – weigh in/medical control Set up of Arena Organizing Committee Team meeting
Sunday, November 20	Arrival of delegations – weigh-in/medical control
Monday, November 21	Coach meeting – drawing Banquet for all WAKO continental division Presidents Coaching/Athletes Education Seminars Medical Seminar (Staff – Doctors – Medics) International referee seminar
Tuesday, November 22	Opening Ceremony Qualifications start
Wednesday, November 23	Weight control for ring sports' competitors Forms Qualifications Start (If Applicable) Qualifications continue
Thursday, November 24	Weight control for ring sports' competitors Forms Qualifications (If Applicable) Qualifications continue
Friday, November 25	Weight control for ring sports' competitors Forms Qualifications (If Applicable) First part of finals and award ceremony
Saturday, November 26	Weight control for ring sports' competitors Second part of finals, award ceremony Show Gala (Live streaming + TV) Sayonara party
Sunday, November 27	Departure for all delegations
Monday, November 28	WAKO IF GENERAL ASSEMBLY











# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

# **APPLICATION FORMS**

### **Appendix 1**

### **PROVISIONAL ENTRY FORM** WAKO CHAMPIONSHIPS 2016 LOUTRAKI GREECE

Name of Association:	
Address:	
Telephone No:	Fax No:
E-Mail:	

The above named association intends to enter a National Team in the Wako European Championships - Loutraki - Greece in full contact, semi contact, musical forms and Kick Light, consisting provisionally of the team numbers showed below.

Provisional Team Number

Athletes	Coaches	Officials	Others	Total

### **Provisional Athletes Entries**

Style	Men	Women
Musical Forms		
Kick Light		
Point Fighting		
Full contact		

Once completed please return this form to: PAN-HELLENIC KICKBOXING FEDERATION Fax number: +30.210.6813364 E-mail: pok@pok.gr











## EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

#### Appendix 2

Final entry form European Championship in Loutraki Greece 2016 (Last day for final entry 07th October 2016)

Name of Association: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone No: \_\_\_\_\_ Fax No: \_\_\_\_\_

E-mail: \_\_\_\_\_\_ Mobile phone: \_\_\_\_\_

Chief Delegation	Officials	Referees
Coaches		
Coaches		
	Journalists	Others

#### Application Filled

Appendix	Yes	No	Total of Athletes
Appendix 1			
Appendix 2			
Appendix 3			
Appendix 4			
Appendix 5			
Appendix 6			

The above named association will be entering a National Team in the WAKO European Kickboxing Championship consisting of the following team.

#### Team composition

Ath	letes	Coa	ches	Mana	igers	Oth	ers	
Male	Female	Male	Female	Male	Female	Male	Female	Grand Total

Notes: Enter the total numbers in each box.

Signed: \_\_\_\_\_

Stamp

Name:	











### EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **Appendix 3**

#### HEAD OF DELEGATION RESPONSIBILITY FORM

The hosts of the **2016 LOUTRAKI GREECE WAKO EUROPEAN CHAMPIONSHIP** greatly appreciate your interest, presence and co-operation in making this Event a successful and meaningful experience for all participants involved. The average participant in this Event is well mannered, well disciplined and very co-operative. Our greatest concerns are for the safety of the participants, and that at the completion of these Championships there will have been no incidents, which would reflect poorly on any individuals, teams, or organizations. We ask for your co-operation and responsibility toward these ends.

#### STATEMENT OF RESPONSIBILITY

I recognize my responsibility for the entire behavior of the athletes of my team throughout their participation in the **2016 LOUTRAKI GREECE WAKO EUROPEAN CHAMPIONSHIP.** These responsibilities begin at the time of their first arrival and conclude after their final departure from the Tournament, Tournament Site or other Site which might be related to their participation in this Event. This includes complete supervision while athletes are in their respective competition for the purpose of these Championships. I also recognize that discipline problems arise in the late evening after the conclusion of the competition, in the form of not **obeying the quiet hours between 11:00 pm and 5:30am**, and especially on the last night of competition. I also recognize that the host committee, the Tournament Director, and the Staff at each competitive site will be available to help control discipline problems and make the Tournament enjoyable for all.

#### **USE OF ALCOHOL AND DRUGS BY COMPETITORS IS PROHIBITED**

State laws prohibit the use of alcohol by minors (under 18 years of age) and the possession or use of drugs. These laws will be strictly enforced by, team chaperon, and tournament officials. Any athlete found in violation of these laws may be subject to prosecution by law enforcement officers and they and their team mates will be immediately expelled from the Championship. The Head of Delegation assume responsibility for monitoring player conduct to ensure that drinking and drug use laws are upheld.

#### DAMAGE TO PLAYING SITES

Should damage occur at any site by a player, coach, chaperon, or even a competitor's parent the team responsible will be charged for the damages and the participant from this team will not be admitted to any Wako Championships. If the responsible individual/team cannot be determined then all teams participating at the site during the occurrence will be sanctioned from future Wako Championships. We feel it is the responsibility of all teams, competitors, coaches, and families to ensure that the site is free of any problems and damages. In addition the area of the arena your team occupies is to be free of trash when you leave your site.

It is also requirement of all competition sites that ONLY WATER, IN PLASTIC CONTAINERS will be permitted inside the sport-hall. Violators will cause their team to be immediately disqualified and dismissed from the Championship.











### EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

#### ARENA CONDUCT

**ATHLETES WILL ABIDE BY WAKO RULES REGARDING ARENA CONDUCT.** At all times coaches, team, opponents, and officials will be treated with the utmost respect. Coaches must also assume full responsibility for enforcing arena conduct rules. Teams that fail to abide by these rules are subject to disciplinary action (e.g., DISMISSAL FROM THE EVENT).

### COACH and OFFICIALS ENDORSEMENT

I certify that I have read the Code of Conduct and have carefully reviewed it with my team members

#### PLEASE PRINT

COUNTRY	 	
NAME		
ADDRESS		
CITY/STATE/CODE		
PHONE ( )	_ DATE OF BIRTH	
SIGNATURE	 	

### 2016 LOUTRAKI GREECE WAKO EUROPEAN CHAMPIONSHIP CODE OF GENERAL CONDUCT

All participants in the Championship, athletes, coaches, chaperons and relatives are expected to abide by the above code of conduct.

<u>Note:</u> It is responsibility of every coach to review with their teams this Code of Conduct Individual and team violators of any provisions of this Code may be excluded from future participation in WAKO events. (The Tournament Director and Tournament committee will administer such disciplinary action).











# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### Appendix 4

Application form for Visa request (to be sent by 01st October 2016)

Wako Country Member \_\_\_\_\_

Embassy or Fax \_\_\_\_\_

Name & Surname	Passport No			Sex	Status
	-	·			
	Surname	Surname   Passport No	Surname   Passport No   of expire	Surname Passport No of expire of birth	Surname   Passport No   of expire   of birth   Sex











# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **Appendix 5**

### **Hotel & transfer Reservation Form**

Please return before	Please send this form by e-mail: pok@pok.gr
07th October 2016	or
	by fax +30.210.68.13.364
	by fax +30.210.68.13.364

Federation / Club / Individual	
Address:	
Phone:	
Fax:	
E-mail:	

HOTEL	Room type	Arrival date	Departure date	Number Rooms	Number Persons	Num. Nights	Per night	amount
5*	Single							
4*	Double							
3*	Triple							
Transfer	YES	NO	Number(x)		Total	Persons:		
FROM				BACK TO				
ACCOMMO	DDATION A	MOUNT						
TI	RANSFER A	MOUNT						
TOTAL AMOUNT								

This reservation only becomes valid if the Organizing Committee sends you a confirmation of your booking!

Date





Signature / stamp





20



# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **Appendix 6**

**Travel Schedule** 

Federation   DATE TI   ATHENS AIRPORT I   PORT OF PATRA I			
ATHENS AIRPORT			
ATHENS AIRPORT	ARRIVAL		
	ME FLIGHT NUMBER	FROM	NUMBER OF PERSONS
PORT OF PATRA			
CAR/MINIBUS/BUS			
	DEPARTURE ME FLIGHT NUMBER	ТО	NUMBER OF PERSONS
ATHENS AIRPORT	ME FLIGHT NUMBER	10	NUMBER OF PERSONS
PORT OF PATRA			
CAR/MINIBUS/BUS			· · · · · · · · · · · · · · · · · · ·

Date \_\_\_\_\_







Signature \_\_\_\_\_





# EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **ORGANIZER'S INFORMATION**

Under the aegis of	PAN- HELLENIC KICKBOXING FEDERATION tel.:+30.210.68.13.660 Fax:+30.210.68.13.634 <u>www.pok.gr</u> - e-mail: <u>pok@pok.gr</u>
.Accreditations	All delegations will check-in after arriving to the official hotel, where they need to present their confirmation of the 25% prepayment and then pay the 75% for accommodation and travel expenses. ONLY by CASH IN EURO to the organizers
Liability	Neither the organizer of the event, nor the Pan-Hellenic Kickboxing Federation (nor any of its officials or members) will be liable or responsible for any personal injury nor for any loss or damage to your property arising out of your participation and travelling in connection with these events.
Visa guidelines	The Pan-Hellenic Kickboxing Federation will help you obtaining entry visas for athletes and officials. Please send Appendix No 4 via e-mail or fax not later than 1st of October 2016. Please specify all information that is needed in the invitation letters for visas.
Bank Information	National Bank of Greece, Beneficiary Petros Veneris IBAN. GR340110639000063900104645 SWIFT / BIC CODE: ETHNGRAA Helios travel centre, International travel Agency, Petros Veneris PC, VAT EL118890071, Amarisias Artemdias 39 Eretria, Evia, Greece 34008
Registration Online	All Athletes registration must be done online at: www.sportdata.org. Appendixes 1 and 2 must be sent to the organizing committee at: <u>pok@pok.gr</u> . Online <u>Registration closes Saturday</u> , November 05 at 12:00 pm. No registrations will be accepted after this date. If you forgot your Country log in and password please contact: Mrs. Barbara Falsoni, E-MAIL: barbaraf@wakoweb.com
Sports Hall	Stadium of Loutraki (GALANOPOULOS stadium), Athens Avenue, Loutraki.
Official Hotel	Hotel Club Casino Loutraki (5*), 48 Poseidonos Str., 20300 Loutraki, www.clubhotelloutraki.gr, TEL.:(+30) 27440.603000
Entry Fee	WAKO HQ shall receive an entry fee for each competitor: Euro 60,00 per person and 200,00 for team event. The total entry fee can be paid on the spot by the chief of delegation to the WAKO HQ authorized person in Euro cash at the moment of the accreditation.











### EUROPEAN CHAMPIONSHIP 2016 POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### **1. ARRIVAL DATE AND MEETING POINT**

All participating countries should arrive to Athens no later than Sunday 20th of November 2016, and no letter than 4.00 pm. Of course all teams are welcome to arrive before this date. The meeting point for accreditation and all payments will be in Hotel Club Casino Loutraki, 48 Poseidonos Str., 20300 Loutraki, www.clubhotelloutraki.gr, TEL::(+30) 27440.603000. Each country is responsible for its own expenses while attending the Championships and the expenses made by their team members.

### **2. INSURANCE**

The Organizing Committee or WAKO Europe and its agents and officials of the WAKO European Championships 2016 will not be financially responsible for possible injuries caused during the competition. All competitors must have full insurance coverage from their own organization / country.

### **3. ACCOMMODATION AND TRANSFER**

The participants will be accommodated in Hotels of different qualities. Packages include:

Half board per person for the selected package. Hotel services start on the day of arrival with a dinner and end with a breakfast on the day of departure. Because we have a limited number of single rooms, we ask that you turn to the organizer in time for coordination with the Hotels. HOTEL – 5 Stars:

Single Room - 130 euro/person/night Double Room - 95 euro/person/night Triple Room - 85 euro/person/night Note: Prices include HALF BOARD and transportation from hotel to sports hall and back

### HOTEL – 4 Stars:

Single Room - 95 euro/person/night Double Room - 70 euro/person/night

Triple Room - 65 euro/person/night

#### Note: Prices include HALF BOARD and transportation from hotel to sports hall and back HOTEL – 3 Stars:

Single Room - 85 euro/person/night

Double Room - 60 euro/person/night

Triple Room - 55 euro/person/night

#### Note: Prices include HALF BOARD and transportation from hotel to sports hall and back

Transfer. From Athens airport to All Official Hotels and from all the Official Hotels to Athens airport 40.00€. Above price is per person and based on arrival in the core hours of arrival and Departure. Arrival= Sat 19<sup>th</sup> November 8am-8pm & Sun 20<sup>th</sup> November 8am-7pm.

Departure = Sunday  $29^{th}$  November 6am-8pm.

### (Any transportation outside that time will incur surcharge)











# EUROPEAN CHAMPIONSHIP 2016

POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

### 3.1 Accommodation and transfer Reservations:

To make a successful booking for a Hotel please follow these steps:

#### Step one:

Fill out and send back to the Organizing Committee's e-mail: pok@pok.gr the '**Accommodation form**' APPENDIX N.5. After this the Organizing Committee will contact the responsible person in each country to confirm the preliminary booking. **Very important** The 'Accommodation form' must reach the organizing committee at the latest on **7th October 2016**. After this date the organizer cannot guarantee places in the hotel or the above mentioned prices.

### Step two:

After your accommodation is confirmed, you need to pay 25% of the entire sum in advance, to the following bank account:

BANK INFORMATION:

### National Bank of Greece, Beneficiary Petros Veneris IBAN. GR3401106390000063900104645 SWIFT / BIC CODE: ETHNGRAA

Please take note, that the reservation will not be officially accepted, until the payment is made and the money has arrive to the organizers account.

### **Step three:**

After the organizer receives the advance, they will inform the person responsible and confirm the reservation of accommodation. The 75% difference needs to be paid in cash on the day of accreditation, directly to the organizational committee.

### Making changes to the reservation:

Up to and including the 25th of October 2016, it is possible to make minor alterations in your reservation and any changes in cost will be dealt with during accreditation. After this date, it will be impossible to make any changes.

**Attention.** All participating countries need to manage their accommodation over the organizing committee. In case this rule is ignored, the country in question will not be allowed to participate on the championships. All accommodation forms and possible changes, need to be sent to the organizing committee at: pok@pok.gr by fax: (+30) 2106813634

### 4. VISA

The organizing board has notified the Greek embassies and consulates about the European championship. If you require a visa you must turn to the Greek embassy or consulate in your country. fill out and send back to the organizing committee's **`application form for visa request' appendix n.4** via e-mail: pok@pok.gr by fax: (+30) 2106813634.

### 5. WAKO EUROPE ORGANISING COMMITTEE

- 1. Roy Baker (Tec. Director) Ireland.
- 2. Nicola Traina Italy.

E-mail: roy.baker@airtricity.com E-mail: nicola.traina@vodafone.it











# **EUROPEAN CHAMPIONSHIP 2016** POINT FIGHTING - FULL CONTACT - KICK LIGHT - MUSICAL FORMS

- 3. Giorgio Lico Italy.
- 4. Srdjan Bugarcic Serbia.
- 5. Romeo Desa Croatia.
- 6. Alexander Engelhardt Holland.

E-mail: giorgiolico@libero.it

E-mail: bugarcics@ikomline.net

E-mail: romeo.desa@ri.t-com.hr

E-mail: alexander.engelhardt@wakonederland.nl

### **6. ANTI-DOPING CONTROL**

It is strictly forbidden to take any illegal stimulants that are against the rules of the WAKO Antidoping regulations. The WAKO will have anti-doping tests on randomly chosen winners. Each athlete found positive by the test will be sanctioned according to the WAKO General Rules Anti-doping regulations.

### 7. FLAG AND NATIONAL ANTHEM

Each participating country must bring 2 (two) flags, size  $90 \times 130$  cm and a CD with their national anthem. The flag and CD are handed in at registration and will be returned to each participant after the competition.

### 8. MANDATORY FORMS

Each form must be completed BEFORE team/fighters are presented for weight control/medical check and handed in to the appropriate WAKO Officer.

- a. Medical Questionnaire (Fighters)
- b. WAKO Waiver (Fighters)
- c. WAKO Disclaimer (National federation presidents)









